

Definisse™ Threads

RELIFE
MENARINI group

POST TREATMENT PATIENT CARE



**A. MENARINI
FARMACEUTICA
INTERNAZIONALE SRL**

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INTERNAZIONALE SRL**

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Adverse events should be reported.

Reporting forms and information can be found at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or App Store. Adverse events should also be reported to A. Menarini Farmaceutica Internazionale SRL. Phone no. 0800 0851497 or email: medinformation@relifecompany.co.uk

Definissee™ Threads



PATIENT AFTER CARE

In order to achieve a safe and effective result from your treatment please follow the post instructions given, especially those outlined below^{1,2}:

- Use a cold pack to reduce swelling and redness on the treated area
- Sleep facing upward, in an elevated position on pillows (for 1 week)
- Refrain from applying make-up for as long as possible (minimum 24 hours)
- Wash, shave and dry face gently without rubbing or massaging (5 days)
- Avoid excessive face and neck movements (2 weeks)
- Avoid over-exposure to direct sunlight and do not use tanning beds (2 weeks)
- Avoid exercise, especially high impact sports e.g. running (2 weeks)
- Do not use saunas or hammams (3 weeks)
- Avoid dental surgery (3 weeks)
- Avoid face and neck massages (4 weeks)
- A time period of least 2 weeks is recommended between aesthetic treatments however depending on the procedures a longer time interval may be required
- Constant hydration (1.5-2.0 litres of water per day)
- Remember that:
 - Immediately after the implant it is normal to have irregularities and skin depressions that will disappear within a few days
 - Reactions such as erythema (redness), edema (swelling) and needle-induced trauma with consequent blood hematomas may be induced by the way of implantation and the product itself and usually resolve in a span of time between few hours or a few days with or without proper medical therapy
 - Allergic reactions, infections, persistent granulomatous formulations may occur in which case you need to contact your treating physician to evaluate the appropriate treatment option
- Please contact your Doctor immediately in case of any of the above mentioned side effects or in the case of excessive pain and discomfort

Reference:

1. Kalra R. Use of barbed threads in facial rejuvenation. Indian J Plast Surg 2008 Oct; 41 (Suppl): S93-S100.
2. Berardesca E: Reshaping with Barbed Threads, Minerva Medica 2020 (v1.0)